



We are reviewing community support for adults with mental health issues.

We want to hear your views.

NHS Lothian and Midlothian Council work together as the Midlothian Health and Social Care Partnership. We provide support for people with a range of mental health issues.

Your views will help us know if these services work well and how they could be improved. We may share what you tell us but we will never do this in a way that could identify you. We ask that you don't share any sensitive personally identifiable information.

If someone is helping you complete this please give it back to them or send to Sheena Lowrie, Fairfield House, 8 Lothian Road, Dalkeith, EH22 3AA

Do you use our services?

Many of our Mental Health and Wellbeing services are provided by Health in Mind, which includes the Orchard Centre. Please tick all the services you have used.

- | | | | | | |
|--------------------------|-------------------------|--------------------------|-------------------------|--------------------------|--|
| <input type="checkbox"/> | Midspace | <input type="checkbox"/> | 1:1 Support | <input type="checkbox"/> | Art Psychotherapy |
| <input type="checkbox"/> | Equal Access | <input type="checkbox"/> | Groups | <input type="checkbox"/> | Men's SHARE |
| <input type="checkbox"/> | Guided Self Help | <input type="checkbox"/> | ROWAN | <input type="checkbox"/> | Early Intervention Crisis Response Service |
| <input type="checkbox"/> | Midlothian Access Point | <input type="checkbox"/> | re:discover Befriending | | |

- Do you use other services?
Are there any other services that you think could help you?

What works?

What could be better?

Tell us about your support - does it help you make changes you want to see in your life?

- Is it at the right time or would another day/time be better?
- Is it in the right place - would you like it to be local to you, online, in specialist hubs or in community resources like libraries, community centres or leisure centres?
- How easy is it to access support? Did you feel welcomed? Could it be more accessible?

Regular Support

Help in a crisis