

For any eye problem your first port of call should be an optometrist. An optometrist is the best person to assess urgent eye problems, check for eye disorders and treat eye conditions. They have the professional training and necessary equipment to assess most eye problems and will refer you to see a specialist when necessary. All appointments are NHS funded.

This service can be used for any concerns you may have with the health of your eyes including (but not limited to):

Red eye(s)	Something in your eye
Sore eye(s)	Eye infections
Deterioration of eyesight	Other disturbance of eyesight
Cataracts	Scatched eye(s)

If you already have your own optometrist you should contact them in the first instance as having previous clinical records is very useful.

If you do not already have an optometrist there is a list of those in the local area on the back of this sheet. Please contact them and they will arrange to see you. You can also choose to visit any optometrist providing NHS services for treatment.

Note that when you contact the optometrist of your choice their staff will assess your symptoms and offer you an appropriate appointment. The time you will have to wait will depend on the severity and duration of your symptoms. Emergency problems will be seen quickly. If your problem is urgent and they cannot manage to see you they will find someone who can.

After the appointment they may send you to a local pharmacy or request a prescription from your GP for appropriate medication or, if necessary, refer you to a hospital specialist. A report will be sent to your GP so they have a complete record.

## Lothian Eye Health Network Practices – MIDLOTHIAN

Black & Lizars  
41 High Street  
Dalkeith  
EH22 1JB  
0131 663 2548

Bonnyrigg Opticians  
3 Polton Street  
Bonnyrigg  
EH19 3HB  
0131 629 3181

Brown Opticians  
41 High Street  
Bonnyrigg  
EH19 2DA  
0131 663 8818

Costco Wholesale Uk Ltd  
Costkea Way  
Loanhead  
EH20 9BY  
0131 440 0640

McClellan Optometrists  
Roslin Medical Practice  
122 Penicuik Road  
Roslin  
EH25 9NT  
0131 440 2281

Peter Brooks  
58 Hunterfield Road  
Gorebridge  
EH23 4TT  
01875 820858

Peter Brooks  
23 Buccleuch Street  
Dalkeith  
EH22 1HB  
0131 660 1415

R C Cunning  
60 John Street  
Penicuik  
EH26 8NE  
01968 674259

Specsavers Opticians  
13 Jarnac Court  
Dalkeith  
EH22 1HU  
0131 561 9920

The Frame Zone  
22 John Street  
Penicuik  
EH26 8HS  
01968 677247